

## HJÄLTAR (HEROES)

Short Fiction, HD, 14:30', Sweden, 2012

### SYNOPSIS

Caught between freeways and power lines, the story of HJÄLTAR takes place in one of Stockholm's suburban stables. The two young protagonists, Linnea and Jenny, try to come to terms with the new demands of teenage life. Their friendship becomes plagued with rivalry and competition as they leave the stable world behind. A film about horses, female friendships and power struggles.

### DIRECTOR'S STATEMENT

HJÄLTAR centers on the dynamics of female friendship at the crucial state of becoming a teenager. I wanted to explore this sensitive age and some of the personal memories that have stayed with me ever since. The film tracks the subtle power play between two young girls, and shows the desperate measures one will sometimes succumb to in order not to lose a friend. HJÄLTAR is about all this, and also the sometimes painful transition between being a child and becoming a teenager.

### CAST & CREW

#### CAST (MAIN CHARACTERS)

Ida Åslund (Linnea)  
Michaela Arvidsson (Jenny)  
Ridah Abbas (Robert)

#### CREW

Writer/Director/Editor	Carolina Hellsgård
Co-director	Nicklas Wedin
Cinematographer	Kathrin Krottenthaler
Light	Jacob Hauptmann
Sound recorder	Dominique Greffard
Sound designer	Jochen Jezussek & Christian Obermaier
Sound mixer	Detleff Schitto
Production	Hellsgård Filmproduktion
Producers	Carolina Hellsgård & Nicklas Wedin

## PRODUCTION DETAILS, TECHNICAL CREDITS

Original title	Hjältar
English title	Heroes
Production country	Sweden
Year	2012
Country	Sweden
Genre	Short fiction
Duration	14:30'
Frames per second	25
Color/Bw	Color
Available formats	35 mm, Digibeta pal, HD-cam
Aspect ratio	1:1:78
Sound	Dolby Digital
Language	Swedish
Subtitles	English, German, French

## CONTACT

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## FESTIVALS

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## BIOGRAPHY

CAROLINA HELLSGÅRD (Writer/Director)

Works as a writer and director in Stockholm and Berlin. After completing a MFA from the Berlin University of Arts in 2007, she received a DAAD-postgraduate artist grant for Los Angeles, where she studied film directing and screenwriting at the California Institute of the Arts. Her short films have screened and been awarded in numerous film festivals internationally.

Filmography short films - as a writer, director, editor: THIRST (2006), KARAOKE (2008), HUNGER (2009) HIDDEN (2010) HJÄLTAR (2012)

AWARDS AND NOMINATIONS 2008-2010 Jury Special Prize, Belo Horizonte International Film Festival, Brazil Jury Special Prize, Festival Internacional de Cine Cinema Jove, Spain Honourable Mention, Rio de Janeiro ISFF - Curta Cinema, Brazil First Prize, Short Film category, Konstanzer Short Film Festival, Germany Berlinale Talent Campus, shortlisted for the BTA-award GWFF Production Award, Regensburger Kurzfilmwoche, Germany Short Subject Prize, FIAAP Festival, Portugal